



**YOROID**

# **GYM**

## **PORTFOLIO**

[Visit Us](#)



# About Company

Since our inception in 2021, Yoroid has been at the forefront of crafting innovative marketing solutions. With a proud legacy of serving over 100 clients across diverse sectors, we've not only delivered results but also built lasting relationships. Our blend of expertise, creativity, and passion ensures that our clients' brands stand out in a crowded marketplace. As we continue to grow and evolve, our commitment remains unchanged: to drive success for our partners and set new benchmarks in marketing excellence. Dive into a partnership with Yoroid, where visions come alive and brands reach their pinnacle.



# Vision & Mission

## Company Vision

Yoroid envisions a world where technology and innovation walk hand in hand, bringing forth solutions that redefine the boundaries of possibility. We see a future where our products and services seamlessly integrate into the fabric of everyday life, creating experiences that are intuitive, enriching, and transformative.

## Company Mission

At Yoroid, our mission is to advance the possibilities of the digital world, creating solutions that are both innovative and integral to the advancement of businesses and individuals alike. We believe that in the heart of every challenge lies an opportunity, and it's our unwavering commitment to turn these opportunities into tangible outcomes for our clients.

# What differ us from others?

## **Mastery Over Mediums:**

From SEO, PPC, and social media marketing, to content creation and influencer collaborations, our expertise spans across every facet of digital marketing.

## **Data-Driven Decisions**

With a keen focus on analytics, we ensure our strategies are always informed, relevant, and delivering the desired results.



## **Personalized Strategies**

We believe every brand has a unique story. Our mission is to tell yours in the most captivating way, ensuring it reaches the right ears and eyes.

## **Commitment to Excellence**

Our passionate team lives and breathes digital marketing, ensuring your brand receives the dedication and expertise it deserves.

# Services we offer

**Social Media Marketing**



**Search Engine Marketing**



**Search Engine Optimization**



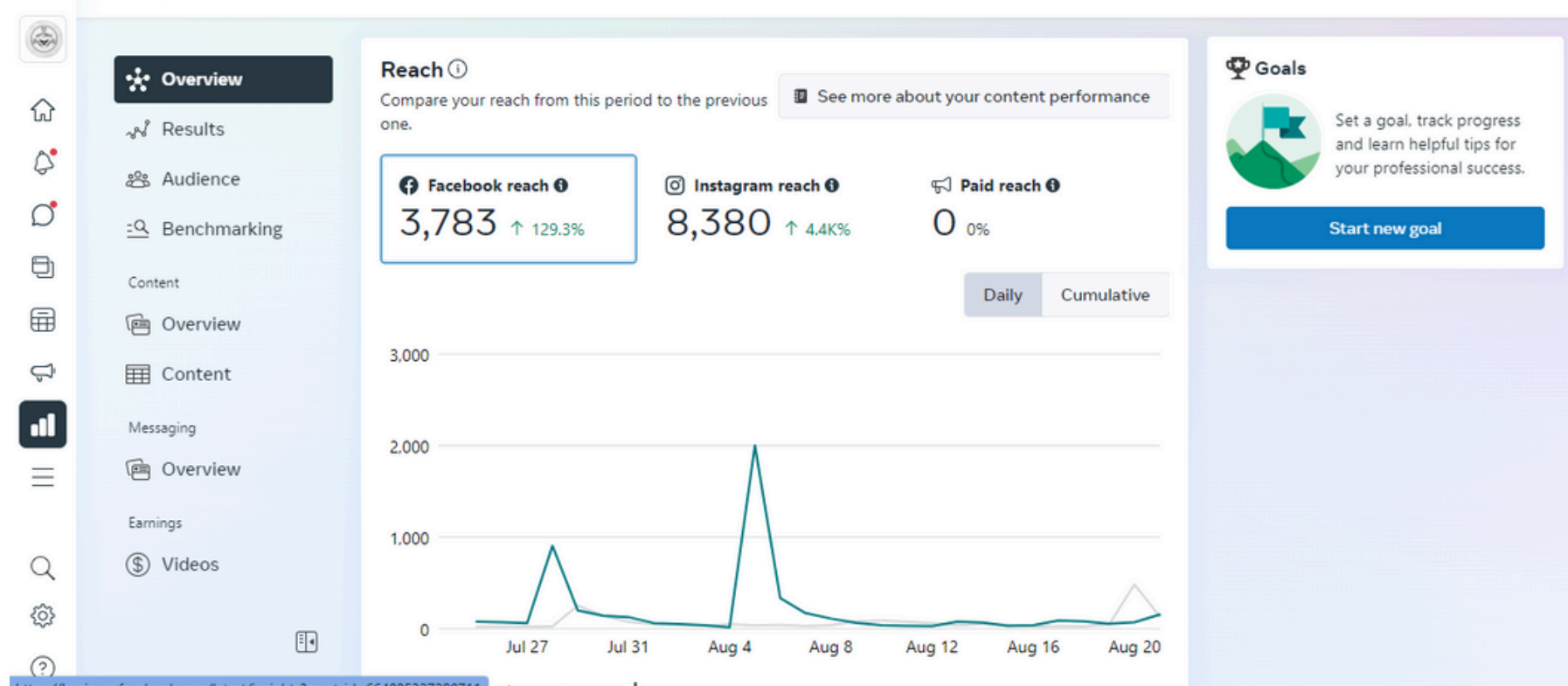
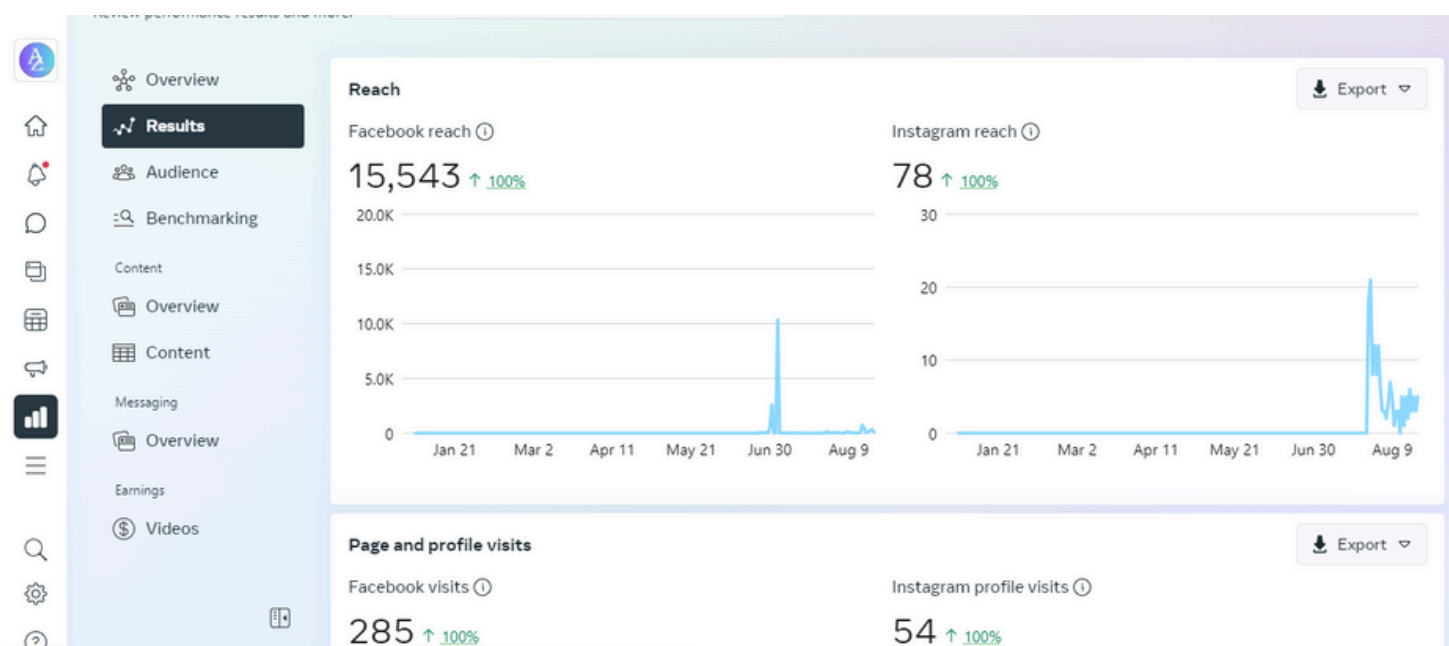
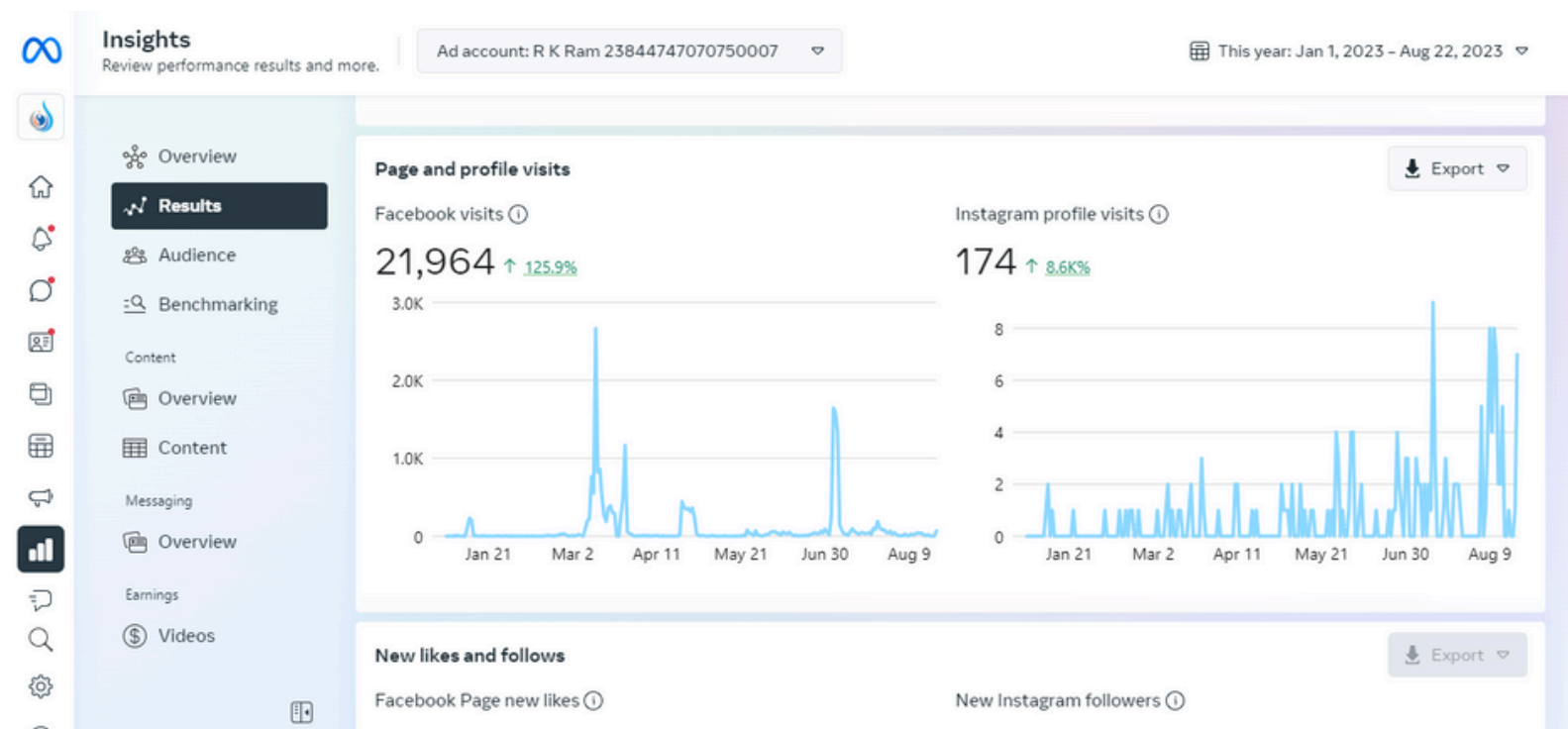
**Full stack Development**



**Content Marketing**



# SOME GROWTH INSIGHTS



# SOME POST DESIGNS FOR GYM

**TURN FAT INTO FIT**

**ZERO GRAVITY GYM**

**JOIN NOW** 7384843999 / 7384703999

**5 SHOULDER EXERCISES**

- DUMBLE SHOULDER PRESS
- CABLE LATERAL RAISES
- SIDE LATERAL RAISES
- ROPE FRONT RAISES
- UPRIGHT ROW

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**Bodyweight exercises to build muscle**

- Press-ups
- Pistol Squat
- Groiners
- Overhead Crunch
- Step-up with Knee Raises
- Star Plank

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**GET IN SHAPE**

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**RIGHT WAY TO DO PUSH-UPS**

- 01 SPINE NEUTRAL
- 02 CORE BEACED
- 03 CLAES ENGAGED
- 04 NECK NEUTRAL
- 05 ELBOWS ANGLED

**JOIN NOW** 7384843999 / 7384703999

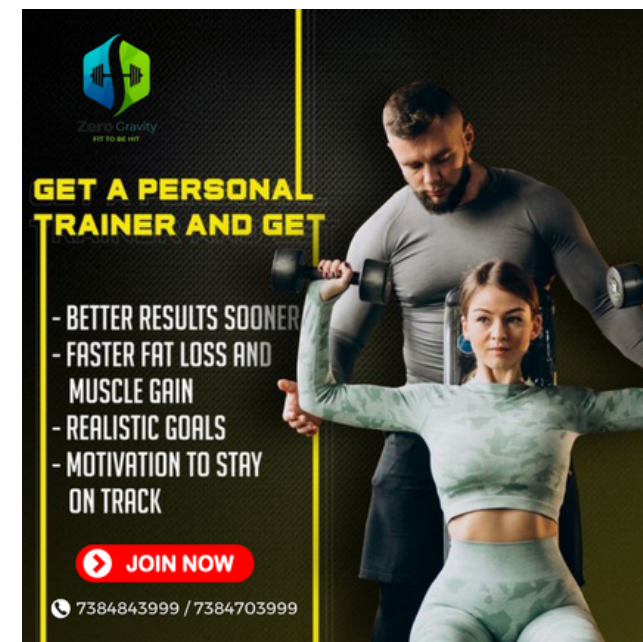
# SOME POST DESIGNS FOR GYM



**WORKOUT MISTAKE**

NO WARM UP  
NOT STAYING HYDRATED  
LONG REST BETWEEN EXERCISE  
TALKING TOO MUCH  
EGO LIFTING  
NO PROPER PLAN

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**GET A PERSONAL TRAINER AND GET**

- BETTER RESULTS SOONER
- FASTER FAT LOSS AND MUSCLE GAIN
- REALISTIC GOALS
- MOTIVATION TO STAY ON TRACK

JOIN NOW

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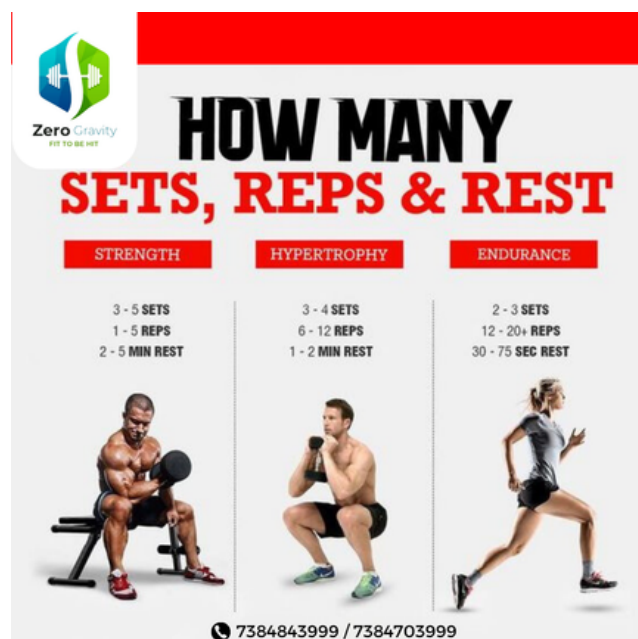


**BECOME STRONGER WITH US**

Difficult does not mean impossible. That means you have to work hard.

JOIN NOW

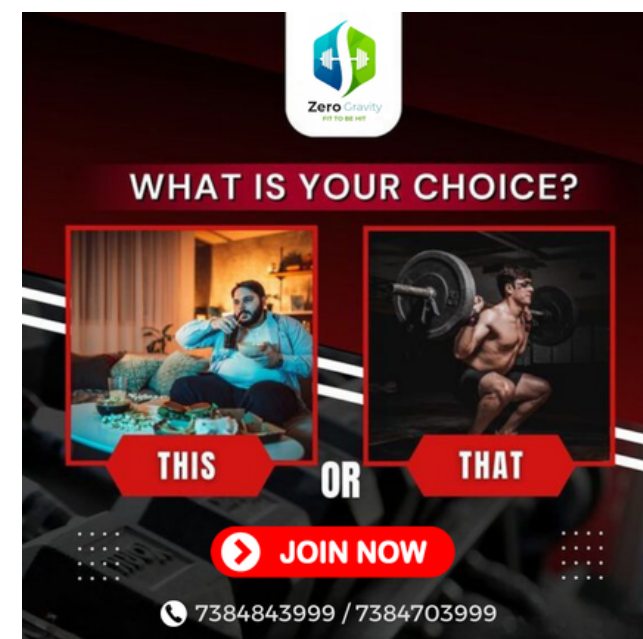
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**HOW MANY SETS, REPS & REST**

STRENGTH	HYPERTROPHY	ENDURANCE
3 - 5 SETS 1 - 5 REPS 2 - 5 MIN REST	3 - 4 SETS 6 - 12 REPS 1 - 2 MIN REST	2 - 3 SETS 12 - 20+ REPS 30 - 75 SEC REST

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**WHAT IS YOUR CHOICE?**

THIS OR THAT

JOIN NOW

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# SOME POST DESIGNS FOR GYM

**Q3 GYM**  
STRENGTH • ENDURANCE • FLEXIBILITY

IT ALWAYS SEEMS  
**IMPOSSIBLE UNTIL  
IT'S DONE**

FOR VISIT AND TRAINING INQUIRIES  
📞 08918940416  
✉️ santoshgym54@gmail.com

Sweat now Shine later  
**Wake Up to  
Actions**

Start Your Training With  
Our Professional Trainers

**JOIN NOW** 📞 7384843999 / 7384703999

Zero Gravity

**START  
TRAINING  
Today**

- STRENGTH TRAINING
- STRENGTH AND CONDITIONING TRAINING
- SPECIAL POPULATION TRAINING
- TRAINING FOR ALL AGE GROUP
- ZUMBA AND DANCE FITNESS CLASSES
- BODYBUILDING/ POWERLIFTING/MUSCLE BUILDING
- STEAM BATH
- SAUNAS
- AEROBICS/CARDIO
- SPORTS SPECIFIC TRAINING
- NUTRITION CONSULTING
- KICKBOXING/ BOXING/ MARTIAL ARTS
- PERSONAL TRAINING

**JOIN NOW** 📞 7384843999 / 7384703999

**Q3 GYM FITNESS**

**TURN FAT INTO FIT**

ROTARY, MNAV 11, NEAR 1ST STREET, BENGAL AMBUJA  
HOUSING COMPLEX, CITY CENTER, DURGAPUR,  
WEST BENGAL-713216  
8918940416 , 8927797255

FITNESS CENTER

**From 2021, Yoroid has carved a niche in delivering groundbreaking marketing strategies. Serving an impressive roster of over 100 clients from various industries, our track record isn't just about achieving goals; it's about forging enduring alliances. By melding our profound expertise with creativity and fervor, we ensure our clientele stands distinct in an oversaturated market. As our journey unfolds, our unwavering dedication is clear: championing our partners' success and constantly raising the industry standards. Embark on a journey with Yoroid, where ambitions transform into realities, and brands soar to unparalleled heights.**



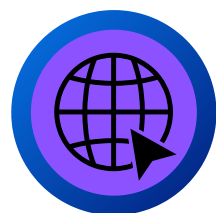
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**Thank You**  
For Your Attention



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